

*Metta Morpheus:
Bodhichitta Dreams*



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Drawings for Day Dreams

Metta Morpheus:
Bodhichitta Dreams



**Metta*: Loving-Kindness
 **Morpheus*: God of Dreams
 **Bodhicitta*: Awakened Heart-Mind
 **Dreams*: ZZZZZZZZZZZZZZZZZZZZZZZZZZZZZ :>)

*Herdsley's Yap-Nap Yawn
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Yawn Yawn O! Oh! Yo! Ho! Oh!

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*To the Buddha ~ Dharma ~ Sangha
Tender Vessel
Turning Round the Dharma World*



*To the Dream Warriors:
Wakeful Bubbles in the Stream
One Sparkles Another
Shore-Breakers of Generosity*

*“When in the body of a donkey,
Enjoy the taste of grass.....*

The Samsaric sleep of dreams is like going to a big city, where people embrace, fight, chat, and abandon one another; there is hunger and wealth; there are beautiful places, tattered places, frightening places.....in the Samsaric City of Dreams: a limitless realm of mental activity generated by the karmic traces of past actions.

Carry your practice into sleep... Look to your sleep to discover whether or not you are truly awake.”

*~ Tenzin Wangyal Rinpoche
~from The Tibetan Yogas of Dream and Sleep~*

*To Sleep ~ My Beautiful Dreamers ~ Awake!
To the Six Realms of Fantasy
Relinquish Hurt and Sad
Thrill and Glee
Never Forsake Reality!*

~Michelle Seigei Spark



*Fall into Sleep
Head to Feet
~ A Bow Mystique ~
Sand Grain Rolls into Sea*

*Bold Robin Trills
In the Apple Tree
Past a Single Pane
Kiss Sleeping Ones Sanity*



*I Went to Bed
Not a Dream in My Head
A Pig in a Sty
Grunting Great Certainty!
I Went to Sleep in Mystery Deep
Dream Piggy Dream!*



*In the Sweep of Dream
Fish Swim in Tears
Salty Coral Reefs Receive
Three Fins of the Dharma*

*In Dream ~ Fish Speak:
“Liberate Me! From Plenty!
From Blind Scales, From Slime ~ O,
Swim Down, Dream the Ocean!”*



*In the Sweep of Dream
Fish Swim in Tears
Salty Coral Reefs Receive
Three Fins of the Dharma*



*Cardinal Reigns ~ Galore!
 Watched Over ~ as I Snore
 Not Checked by Skin or Feathered Bag
 Pine Cubby and Down Jacket Zig ~ Zag*

*As I Turned ~ the Medicine King:
 "Take the Medicine Or
 Freeze Trusting!"
 "Stop! Stop!" I Groaned,
 ~ Dreaming of An ~ Other ~
 Mani ~ Jeweled Elixir*





*In a Hole ~ Pull up the Sheets ~
To an Nth Degree~
Sneak a Peek ~ Squatter! ~
Leaning Useless ~ Ladder!
Against the Wall
Never Exit this Gate ~ Clatter!*



*Slumber on in Mixed up Sense
Out of Place ~ a Nine Year Old Face
Decades of Length Appear ~ in Vague Space
Arms, Eyes Reach for Recompense*



*Kaboom! Exploding Night
Loaded Positions ~ Expedite:
Lifting the Buddha, In Fetal Pearl,
Fists Bite, Arms Pin Curl
Pinioned Legs and Helpless Hands
Go into the Tank Again*



*The Demon's Tongue Protrudes:
"No Entry! To One Who Degrades
Wanting, Aversion, ~ Afraid!
What's Behind This ~ Amiss?
The Pouts, the Grimaces,
Come Out of the Cave, Cryptic Cynics!"*



*Middle of the Night ~ Canary-Swallower
Dreaming ~ is Following!
In a Gulp Yelping: "I Got Them!
I Joined the Pack
I'm Done for ~ No Question ~ I'm In."*



*Fall Back to Dream ~
In Tandem
Decoy Duck Dummies Wander
At Random
Buoys on the Stream ~ Abandon!*



*Duck Hunter Sniffs Perfume
Desires Subsequent, Consume:
"It's in My Throat"
Took Off in Pursuit
Esopus Moon ~ Morph, Entomb!*



*In the Second Watch of the Night
~ At Tail End ~
Tail-Gater Does Defend:
"As a Forgetter of Shadow
Avalanches ~ I Will Follow"*



*At Three A.M. Switch-A-Roo Bemoans:
 "Wait Wait! Growl is Down ~ Loadable!"
 "Away!" The Howl in the Night
 Paws and Tail on the Prowl
 "Dare Not Scowl the Un ~ Doubtable!"*



*Four A. M. Old Sorry-Sort Swivels
 Dollops of Regrets ~ and Snivels:
 "Contain the Commandos!"
 Remorse-Full ~ of Eating Oreos*



*Then After That ~ Red-Eyed Moss
Struck ~a Ravishing Moment:
"The One Who Devours ~
I am Bred to Do Justice
to Smaller ~ Lesser Rodents."*



*Nodding Nightmare in Blue
Wishing Pink Small Talk Milieu:
As the Reedy Stalk
Bends Ready, to Ground
Spilling Light Aftershock, Spell Bound*



*Princess Bird Whispering Chirps:
 "See Me as Thus, and I'm Immured"
 Her Pinkness Despairing ~ Enraged
 No Top, Bottom, or Wing, to Upstage*



*Cloud Disguised ~
 Bodhi Bird Presides
 "Each Side of My Chest
 Red Stare ~ Poor Wooden Birdy!"
 ~ Slight Intake of Air in My Beak ~*

*Beyond the Gate ~ Body Bows
Obstacles ~ Close ~
Touching Toes and Nose
Tips of Fingers ~ Ghosts ~
Chicken Wire Fence
Overflows Fertile Immanence*



*Tender Tentacled ~ Medusa!
Wrap Around Precious Buddha!
Clasp the Diamond Bracelet
Polish Me Off ~ Temporarily!*



*The Bear in Thee Invites Reverie
Transmutes ~ A Golden Wonder Girl
Hair Down ~ Curling Train
Has Bear-in-a-Tree Potential*



*Purring Cat and Me
Dreamt Poised in 18th Century
Samsara's "Mine" in Red
Chokes on Hope and Dignity*



*After Nap ~ Every Day Family:
 "Get Your Bag, Your Hat
 Cross the Road Through the Door
 How Quickly We Grasp Once More!"*



*In Dream Training ~ The Pack ~
 Turns on Three
 Pat, Lick, Bite Scratch Flea
 Slap, Pluck, Bark, Guarantee
 Jeweled Barky Friendship*



*Flower Parrot to the People!
Turned Pickle Pink
Reminiscing Our Link
Monk Flower Power Procession!*



*In the Dream ~ Rabbits, Dogs,
Morphing Monks ~ Process
Moles, Mice, Lion, and Tigers Decompress*



*Fading at Dawn ~ Dragon Rocks on
Proffers Staff and Tongue
Puddle Trembles Song
The Firey Blue Cave
Sits, Rocks ~ an Old Sage!*



*To Maitreya Buddha:
Hullaba ~ LooLoo! Habhoos Hood
Her Blue ~ Blue Dream so True!*



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Herdsley's YapNap Time
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